

COMMUNITY IMPACT



77
CLIENTS
SERVED
38% increase
from 2021



196
GOALS
MET
30% increase
from 2021



433
MONTHLY
RESOURCE
CENTER VISITS
19% increase
from 2021



3516
HOURS OF
EXERCISE THERAPY
PROVIDED
14% increase
from 2021



CLIENT VICTORIES

WORLD GAMES

Sebastian tried out for, and MADE the USA Wheelchair Rugby Team. He and the team competed in the World Games in July!

SITTING UP

Colin sat up BY HIMSELF for the first time!

INDEPENDENCE

Rick no longer needs an assistive device while walking!

SKY'S THE LIMIT

Curtis went skydiving! (Technically not PB-related, but we're so excited for him!)

GOING HOME

Myriem advanced far enough in her function that she was able to return to her home state!

TWO HATS

Kara had such a great time as a client, she became an intern!

LET'S WALK

Tim walked 120 consecutive steps and Monty walked over 200 consecutive steps!

TRAIL GUIDE

After seven years, Mike's strength and stability allowed him to return to hiking!

SIGHTSEEING

Danny reached a point of coordination and strength to start driving again!



FACILITY & TEAM NEWS

NEW THERAPISTS

In January, Exercise Therapists Jonathan Resuella and Sage Partida joined the team!

NEW EQUIPMENT

Thanks to equipment-specific funding from the federal government, PB has received TWO Indego Robotic Gait Systems and a new Galileo Tilt Table. ...with more to come in 2023!!!

RE-GATHERING

For the first time in three long years, The PB community gathered together in person. We tip-toed in with an open house in June, and then enjoyed an evening of fun and celebration at PUSHING FORWARD, our Fall Fundraiser.

NEW SCHOLARSHIP

In April we launched the "Tulalip Tribes Scholarship Fund for Native and Indigenous clients."

THE PB BOARD

Our Board of Directors welcomed three new faces in 2022, constantly evolving to serve our clients.

NEW WEBSITE

February brought a brand new website that's easier to use, faster to load, and chock full of great information!

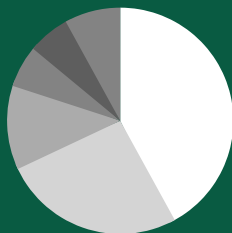
SPACE REFRESH

PB got a fresh coat of paint in May, thanks to Board Member Marci and her church.





2022 CLIENTS



CONDITIONS & DIAGNOSES

Spinal Cord Injury	42%
Stroke	26%
Traumatic Brain Injury	12%
Multiple Sclerosis	6%
Cerebral Palsy	6%
Other Diagnoses	8%

Clients range in age from 14 to 82

30% of clients identify as a racial or ethnic minority

29% of clients identify as female, 70% as male, and 1% as non-binary.



FROM THE EXECUTIVE DIRECTOR

Dear PB Family,

2022! Wow. What a year.

Wrapping up 2021 with a generous legacy gift from The Idamae Schack Foundation was the best way to start the new year. The timing was profound, as Covid safety nets came to an end. We continue to be so grateful to Idamae and her granddaughter, (former PB client) Lisa Kittilsby.

As I said last year- despite the challenges, I continue to be humbled and surprised by the things we've done, the accomplishments we've made, and the ground we've covered. In 2022 we added new board members (Wilfred, Nancy, and Sarah) and onboarded a new Treasurer (Andrea). Two new and wonderful exercise therapists joined us- Sage and Jonathan! Kristen also moved from the exercise floor to the administrative office and is now our Programs Manager.

Thanks to the support of Senators Patty Murray and Maria Cantwell's offices, we secured a federal grant to use exclusively for new high-tech equipment. So far, we've added two Indego Exoskeletons and a Galileo Tilt Table- with more to come in the first half of 2023! We'd love to show off these new toys- please reach out and schedule a tour to see them!

The most exciting thing of all? We connected in person. In October, for the first time in three years, we gathered together for Pushing Forward, a celebration and fundraiser. I met and spoke with some of you for the first time- live and in person. I'm so grateful to the attendees and sponsors who helped us raise critical funds to continue serving our clients.

While I may not know what 2023 will bring, with your continued support, kindness, and willingness to persist, we have a promising year ahead. We look forward to new clients, new equipment, and new client achievements. We look forward to expanding how we support our community, and how the community can support us while we help our clients continue to Push Boundaries. The more we grow, the more impact we can have, and the more clients we can serve! So, again... wow! Thank you.

With heartfelt gratitude,

Teri Mayo, LMT

2022 BOARD OF DIRECTORS

Le Ann Yoder, *President*
Andrea Tobon, *Treasurer*
Steve Anglés, *Secretary*

Sharon Northrup
Tom Minty
Crystal Ju

Marci Muhlestein
Rachel Gaura
Nancy Nicholas

Wilfred James
Sarah Shultz, PhD
Teri Mayo, LMT