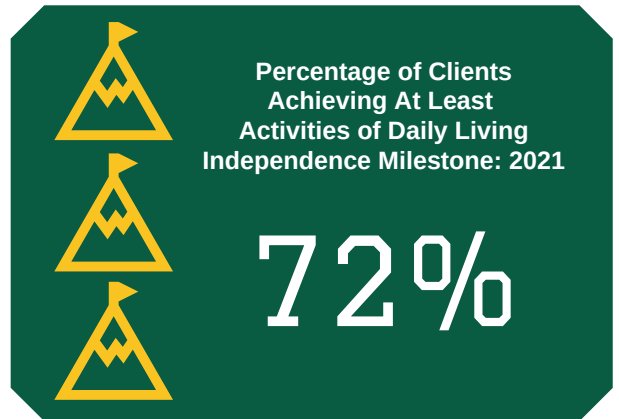
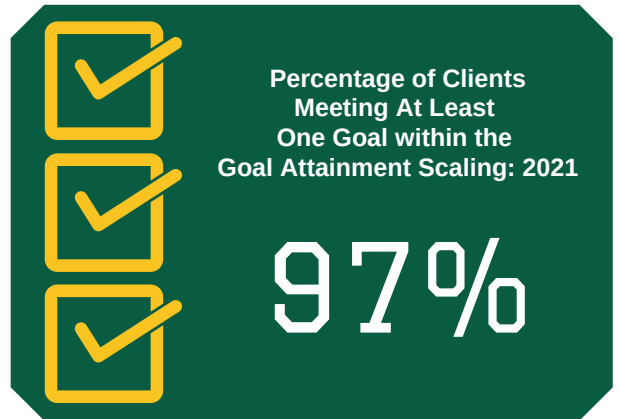
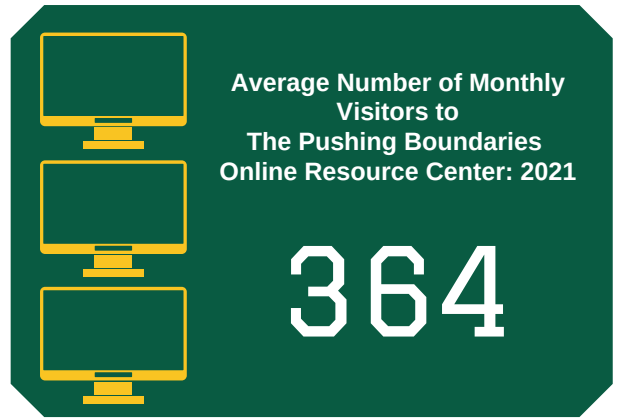
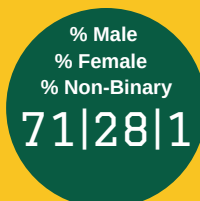


2021

## CLIENT IMPACT

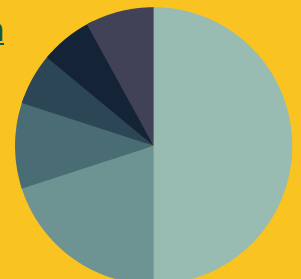


### 2021 CLIENT DATA



### Diagnoses/Condition Breakdown

Spinal Cord Injury	50%
Stroke	20%
Traumatic Brain Injury	10%
Multiple Sclerosis	6%
Cerebral Palsy	6%
Other Diagnoses	8%



## FINANCIAL SNAPSHOT

- Because of our amazing community, individual donor gifts remained within 2% from 2019 to 2021.
- Because of COVID-19, client revenue dropped by over 35% from 2019 to 2021.
- Because of COVID-19, overhead expenses increased by over 20% from 2019-2021.



## FROM THE EXECUTIVE DIRECTOR

Dear PB Family,

As I look back on 2021, I am, like most of you, both humbled and surprised by the things we've done, the accomplishments we've made, and the ground we've covered. From our clients to our organization, a lot has happened at Pushing Boundaries. And, it has been a year. There are challenges confronting us as individuals, as a community, as a nation, and to our planet. Difficulties facing us all in getting through a day or a week. From constantly changing new Covid procedures to new boosters, new restrictions one day and a return to access the next. From the impacts of extreme weather that has touched us all, to the carrying of a deep awareness of larger social shifts that are profoundly impactful.

And yet, we are here! We have managed to stay open and start to grow in some small but wonderful ways.

We've returned to normal capacity, had a seasoned Exercise Therapist (ET) move on to prepare for PT school (Shelby!), added four new board members (Crystal, Marci, Rachel, & Andrea) and said goodbye to another four, including an icon (Barry). We're adding new ETs as we speak and saw the evolution of Kristen's role into a hybrid ET and Administrator.

We were fortunate enough to receive support in the form of grants, an EIDL loan extension, and contributions from amazing community members. We took the brave step of applying for federal funds to help update our equipment. (We'll know more on that in February or March.) We had 56 clients come through our doors and provided 3,074 hours of exercise therapy- despite the challenges facing every one of us.

There is much to celebrate. And much to look forward to.

I've stopped making predictions about where we might be in another year, **BUT** I will say this: because of the love and support of our community, and the dedication of our clients, supporters, and staff, 2022 looks promising. Your continued support helps us expand and evolve- allowing us to serve more people in the greater northwest region.

With Gratitude,

*Teri Mayo, LMT*

## 2021 TEAM FUN



## 2021 BOARD OF DIRECTORS

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PRESIDENT

Sharon Northrup  
TREASURER/FOUNDER

Barry Long  
PAST PRESIDENT

Tom Minty

Andrea Tobon

Annie LaCroix  
VICE-PRESIDENT

Steve Anglés  
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Crystal Ju

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Marci Muhlestein

Meg Pausen

Rachel Gaura

John Sungar Foster