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April 1, 2021

FOR IMMEDIATE RELEASE

Pushing Boundaries Receives Grant from Tulalip Tribes

Pushing Boundaries, the Redmond-based non-profit serving the paralysis and movement-disorder community, is proud to announce that it has received a \$3500 grant for the Tulalip Tribes Charitable Fund. with exercise therapy programs and community resources that support clients, their families, and caregivers.

Founded in 2005 by Eastside residents Allan & Sharon Northrup, Pushing Boundaries provides intensive exercise therapy programs and community resources that support clients, their families, and their caregivers. Clients of Pushing Boundaries navigate a variety of diagnoses and conditions including Spinal Cord Injury, Stroke, Traumatic Brain Injury, MS, and Cerebral Palsy.

The Tulalip Tribes Charitable Fund has assisted over 245 charitable organizations, donating more than 50 million dollars since 1993. Tulalip has generously supported Pushing Boundaries since 2014.

The onset of COVID-19 has impacted many non-profits. For Pushing Boundaries, it has meant a significant increase in overhead and administrative costs in order to safely provider their therapy services. The organization relies on community support and donations to keep costs affordable for its clientele.

Pushing Boundaries' Executive Director, Teri Mayo, says "In a year when ALL communities are hurting and in need, we are especially grateful for the Tulalip Tribes' support. Their continued giving despite the current challenges, speaks to their commitment to the communities of Washington, and their faith in Pushing Boundaries".

You can learn more about Pushing Boundaries at www.pushing-boundaries.org. For more information on The Tulalip Tribes Charitable Fund, please visit www.tulalipcares.org.

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